

Clinical Interventions for Counseling Children and Adolescents:
A Toolbox for School-Based Therapists and School Counselors

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Please use the template below to complete your chapter submission. A completed release form is required. When your contribution is complete, email to childadolescentinterventions@gmail.com

The deadline to contribute is June 30, 2017.

Thank you,

Dr. Jennifer Jordan, Ph.D., LPC-S, NCC
Chandler Cox, M.Ed., LPC-A

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School-Based Therapists and School Counselors

Edited by: **Dr. Jennifer Jordan and Chandler Cox**

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Overview

Here you will need to explain the topic in 2-3 paragraphs. Please include age of onset, symptoms and prevalence. This is where you will detail what it may look like if a child or adolescent were to present to you with this issue. You may include a potential accompanying diagnosis from the *DSM-V*, statistics and what developmental differences are present across age groups. Please reference at least four academic journal articles - do not include any research older than five years unless it is a foundational publication. Only include evidence-based treatment approaches.

Interventions (Use pictures if you have them!)

Please include five interventions to be used with this issue in the following format:

- I. *Purpose* - what purpose does this intervention serve when working with a child or adolescent?
- II. *Materials Needed*
- III. *Instructions* - how to execute the intervention, including questions for processing the intervention with a client
- IV. *Things to Consider* - Are there any groups with which you should make special considerations? What are the potential roadblocks to utilizing this intervention? Are there any ways this intervention can be modified for different uses?

Case Example

Please write a case example in 2-3 paragraphs

Bibliotherapy

Please include a list of books for use with all ages (1-18) centered around this presenting problem.

References

Please reference at least four academic journal articles published within the past five years. Here you may also include additional resources for this topic.